



BRIGHTON WRESTLING

FUTURE STATE CHAMP YOUTH CAMP 2016

Date: June 27th-30th (Mon-Thurs)

Time: 9-11am (3rd Grade & Under)
11am-1pm (4th-7th Grade)

Cost: \$55 Pre-Registered, \$65 Walk-Up

**Note Grade is based on 2015-16 school year*

**Campers who are registered before June 1st will receive a free camp t-shirt*

Location: Brighton HS Wrestling room

Who: Camp is open to all youth wrestlers,
7th grade and below of all ability levels

Camp Information: This 4 day technique camp will be suitable for all ages and ability levels, from wrestlers with years of experience to those who have never wrestled before! The camp will be split into groups to ensure proper instruction for all ability levels and instruction will focus on fundamentals of Wrestling including positioning, takedowns, tilts and turns, escapes and counters, body awareness and movements, core strength and conditioning, and much more!

Camp Staff: BHS Head Varsity Wrestling Coach Tony Greathouse and his staff will run all camp sessions with BHS varsity wrestlers assisting.

What you need?: Campers will only need athletic Shirts and shorts each day. Wrestling shoes and Headgear are recommended, but not required.

Registration: All registration will be done online.

Follow the steps below to register your child for camp:

1. Go to www.BrightonWrestling.com and click on CAMPS page from top menu
2. Click link "YOUTH CAMP 2016 REGISTRATION"
3. Complete the online registration form, selecting the "Youth Camp" option at the bottom and proceed to payment.

**Walk-Up registration will be allowed for \$65, please note that t-shirts will not be guaranteed for those who walk-up*



TRAIN LIKE BULLDOGS!

Spend a week working with the one of the elite wrestling programs in the state of Michigan. The Bulldogs have finished the last four years ranked in the Top 4 in the state and won the 2015 Division 1 State Championship!
Those who stay will be CHAMPIONS!

QUESTIONS? Contact Coach Tony Greathouse via email: greath@brightonk12.com

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